

MEDICAL EMERGENCIES IN DENTISTRY



A serious, unexpected and often dangerous situation requiring immediate action



**RISKS
AHEAD**



Forewarned, forearmed; to be prepared is half the victory.

(Miguel de Cervantes)



M₄ E₁ D₂ I₁ C₃ A₁ L₁

H₄ I₁ S₁ T₁ O₁ R₁ Y₄

ELDERLY HEALTH PROBLEMS



ANNUAL CHECKUP



CALL



AMBULANCE SERVICES



OBSESITY



EYE DISEASE



HEART DISEASE



DIABETES



OSTEOARTHRITIS



ANEMIA



EMOTIONAL



CANCER



MEMORY



HIGH BLOOD PRESSURE



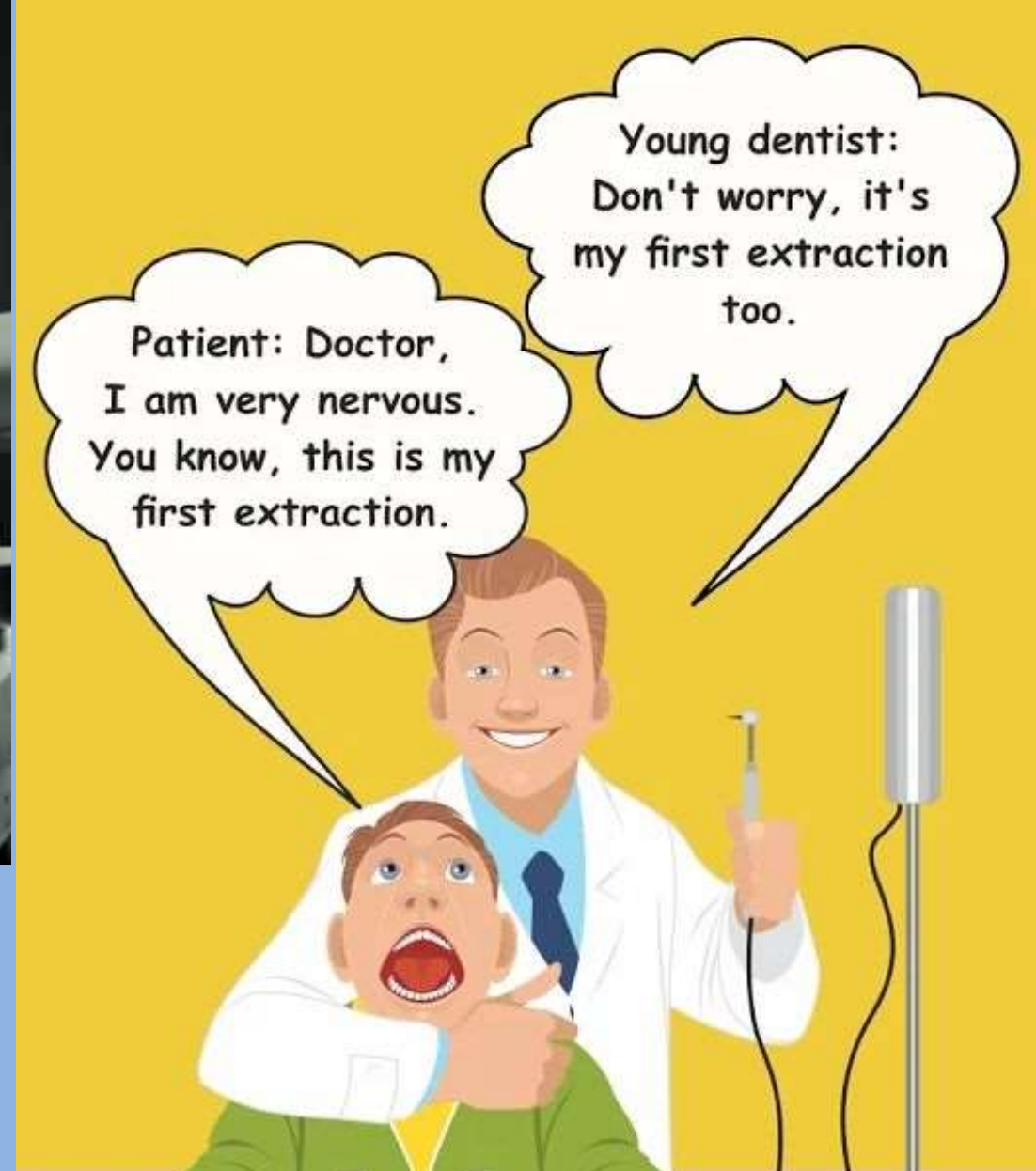
OSTEOPOROSIS



GALLSTONES

Drugs in dentistry





STRESS RELATED- PAIN, ANXIETY, FEAR

Goals of physical evaluation:

1. Ability to **physically tolerate** the stress of planned treatment.
2. Ability to **psychologically tolerate** the stress of planned treatment.
3. Need for **treatment modifications** -better tolerance of stress of planned treatment.
4. Whether use of psychosedation is warranted -
 - Appropriate sedation technique
 - Contraindications to drugs to be used in planned treatment

ANXIETY RECOGNITION

- Increased BP, HR.
- Excessive Sweating, Dilated pupils.
- “White Knuckle “ Syndrome.
- Unnaturally stiff posture.
- Over willingness to cooperate with doctor.



STRESS REDUCTION PROTOCOL :

- Premedicate - evening before / just before surgery.
- Morning appointment schedule.
- Minimize patient waiting time.
- Psycho sedation during therapy.
- Adequate pain control during therapy.
- Post op pain and anxiety control.
- Telephone anxious/fearful/medical risk patient on same day that treatment was delivered .



MEDICAL EMERGENCY KIT-ADA Recommendation- Individualized emergency kits as per specific training and special needs

CRITICAL INJECTABLE DRUGS





Lot:
Exp.:



LIGHT SENSITIVE: Keep covered in carton until time of use.
To open - Cut seal along dotted line.

NDC 0641-0376-25

DiphenhydrAMINE HCl Injection, USP

50 mg/mL **Rx only**

HIGH POTENCY
FOR DEEP INTRAMUSCULAR
OR SLOW INTRAVENOUS USE
25 x 1 mL Vials

Manufactured by
WEST-WARD
Eatontown, NJ 07724 USA

462-219-01

Each mL contains diphenhydramine hydrochloride 50 mg and benzethonium chloride 100 mcg in Water for Injection, pH 4.0-6.5; sodium hydroxide and/or hydrochloric acid added, if needed, for pH adjustment.

Usual Dosage: See package insert.

PROTECT FROM LIGHT: Keep covered in carton until time of use.

Store at 20°-25°C (68°-77°F) [See USP Controlled Room Temperature].



(01)00306410376255

30 ml.

Rx
CHLORPHENIRAMINE
MALEATE INJ. I.P.
IM / IV Injection

Mfg. in India by:
PAKSONS PHARMACEUTICALS (P) LTD.
(An ISO 9001:2000 Certified Company)
36, Mile Stone, Delhi Rohtak Road,
Sankhol Bahadurgarh-124507 (Hry.)

Each ml. Contains:
Chlorpheniramine Maleate I.P. 10 mg.
Phenol I.P. 0.5%w/v
(as preservative)
Water for injection I.P. q.s.
Dose: As directed by the Physician

MULTIPLE DOSE VIAL

SCHEDULE 'H' DRUG:
WARNING: To be sold by retail on the prescription of a Registered Medical Practitioner only.

CRITICAL NON-INJECTABLE DRUGS



Warning: To prevent loss of potency, keep these tablets in the original container. Close tightly immediately after each use. Keep this and all drugs out of reach of children. Store up to 25° C (77° F). Protect from moisture. Usual Dosage: See package insert.

Manufactured by:
Konec, Inc.
Tucson, AZ 85713

For: Glenmark Generics, Inc., USA
750 Corporate Drive
Mahwah, NJ 07430
Questions? 1(888) 721-7115
www.glenmark-generics.com

Rev 03/08

glenmark

NDC 68462-147-01

NITROGLYCERIN TABLETS, USP

Rx Only

0.6 mg
(1/100 gr)

100 Sublingual Tablets

NDC-43478-410-03

READ ENCLOSED PATIENT INFORMATION BEFORE USING

Nitroglycerin
Lingual Aerosol
400 mcg/spray

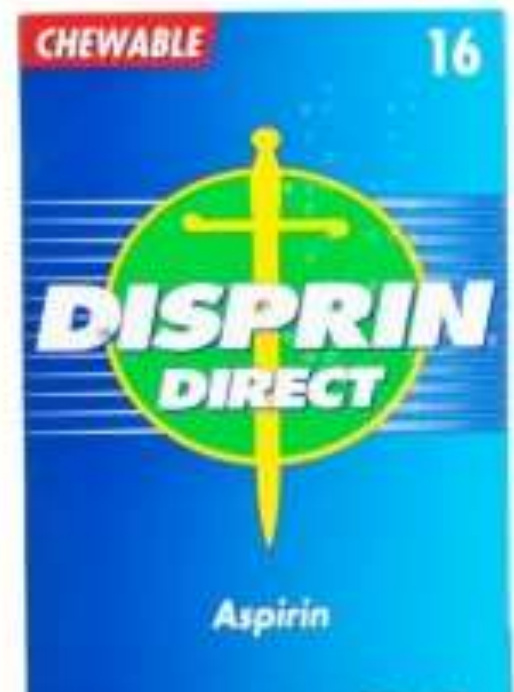
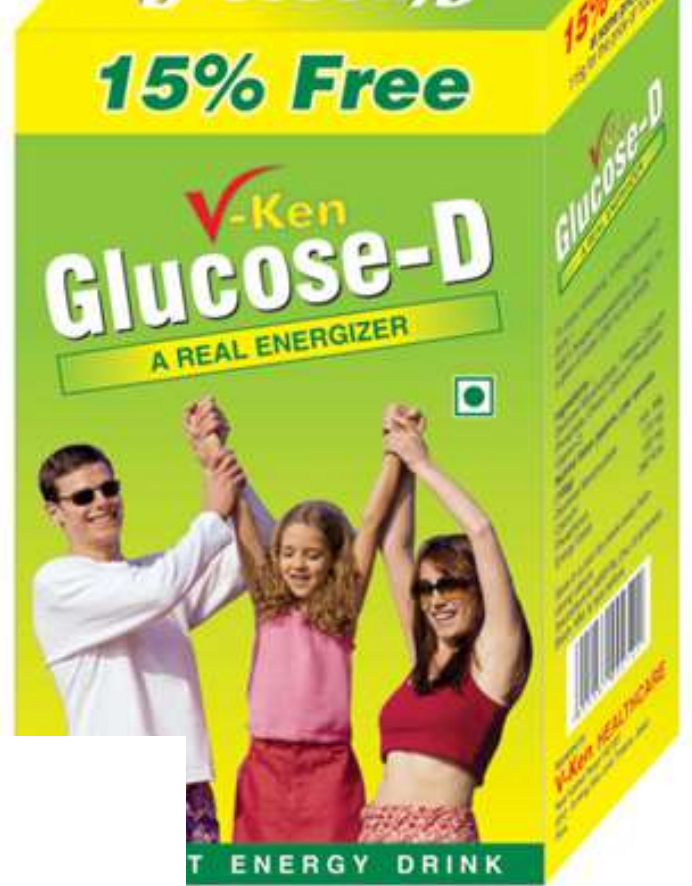
Contains approximately 60 sprays for use on or under the tongue

CONTAINER SHOULD BE UPRIGHT WHEN STORED OR USED

4.1 g Net Contents

ROUSES POINT





CRITICAL EMERGENCY EQUIPMENT





**NON-CRITICAL SECONDARY EMERGENCY
DRUGS AND EQUIPMENT**

NDC 65293-416-25

MIDAZOLAM INJECTION, USP

***5 mg/5 mL**

(1 mg/mL)

Ⓢ

For IM or IV Use Only
Contains Benzyl Alcohol

5 mL Vial
25 Vials

Rx only

Sterile

*Each mL contains: midazolam hydrochloride equivalent to 1 mg midazolam compounded with 0.8% sodium chloride, 0.01% edetate disodium, with 1% benzyl alcohol as preservative and pH adjusted to 3 to 3.6 with hydrochloric acid and, if necessary, sodium hydroxide.

USUAL DOSAGE: See insert

Store at 20° to 25°C (68° to 77°F) [see USP Controlled Room Temperature].

This container closure is not made with natural rubber latex.



50 mL Single-dose

NDC 0409-6648-02

50% Dextrose Injection, USP

25 grams/50 mL

(0.5 g/mL)

Hospira, Inc.
Lake Forest, IL 60045 USA



Rx only

Each mL contains dextrose, hydrous 0.5 grams. May contain NaOH and/or HCl for pH adjustment. 2.53 mOsmol/mL (calc). pH 4.2 (3.2 to 6.5). Sterile, nonpyrogenic. Cleanse stopper with antiseptic. Aseptically add to a suitable solution in I.V. container or use undiluted. Use only if clear and seal is intact and undamaged. Contains no bacteriostat; use promptly; discard unused portion. For intravenous use. Usual dosage: See insert. Store at 20 to 25°C (68 to 77°F). [See USP Controlled Room Temperature.]



(101) 0 030409 664802 4

RL-3040

Single-dose Vial

NDC 0409-4856-15

A-HYDROCORT®

Hydrocortisone

Sodium Succinate

for Injection, USP

NOT FOR USE IN PREMATURE INFANTS

100 mg

Hydrocortisone Activity/
2 mL (when mixed)

Rx only



RL-2526 (4/08)

Reconstitution: Aseptically add 2 mL Bacteriostatic Water for Injection, USP. Mix until dissolved. Use within 3 days after reconstitution. Store at 20 to 25°C (68 to 77°F). Protect from light. Hospira, Inc., Lake Forest, IL 60045 USA

FOR IM OR IV USE

NDC 63323-652-10 605210

ESMOLOL HYDROCHLORIDE INJECTION

100 mg/10 mL

(10 mg/mL)

For Intravenous Use

Rx only

10 mL

Single Dose Vial

Preservative Free

Discard unused portion.

Each mL contains: 10 mg Esmolol Hydrochloride and Water for Injection; buffered with Sodium Acetate Trihydrate and Glacial Acetic Acid, Sodium Hydroxide and/or Hydrochloric Acid added to adjust pH.

Usual Dosage: See insert.

Store at 20° to 25°C (68° to 77°F) [see USP Controlled Room Temperature].

PROTECT FROM FREEZING. Avoid excessive heat.

Avoid contact with alkalis. Do not use if discolored or if a precipitate is present. This container closure is not made with natural rubber latex.

Fresenius Kabi USA, LLC

Lake Zurich, IL 60047

402132C

LOT/EXP

ATROPINE SULFATE INJECTION, USP 0.4 mg/mL

NDC 0517-0401-25
25 X 1 mL
SINGLE DOSE VIAL

FOR INTRAVENOUS, INTRAMUSCULAR OR SUBCUTANEOUS USE
PRESERVATIVE FREE **Rx Only**

Each mL contains: Atropine Sulfate 0.4 mg, Sodium Chloride 9 mg, Water for Injection q.s. pH adjusted with Sulfuric Acid.

WARNING: DISCARD UNUSED PORTION.

Store at 20°-25°C (68°-77°F); excursions permitted to 15°-30°C (59°-86°F) (See USP Controlled Room Temperature).

Directions for Use: See Package Insert.

Rev. 11/05



967





1 mL Single-dose

NDC 0409-1215-01

NALOXONE HCl

Injection, USP 0.4 mg/mL

For I.V., I.M., or S.C. use.

Protect from light. **Rx** only

RL-0591 (9/04)



HOSPIRA, INC., LAKE FOREST, IL 60045 USA



Lot/Exp.

ix Only

Usual Dosage: See Package Insert.

Store at 20° to 25°C (68° to 77°F).
[See USP Controlled Room Temperature].

**PROTECT FROM LIGHT
DO NOT FREEZE**

M. L. No. : G/28/1156

B. No. :

Exp. Dt. :

Flumazenil Injection, USP

**1 mg/10 mL
(0.1 mg/mL)**

Sterile

For Intravenous Use Only

10 mL Multi-Dose Vial

1000009101

EMERGENCY SCENARIO



LOSS OF CONSCIOUSNESS

INCREASED LIKELIHOOD OF LOC

- Stress
- Impaired physical status
- Administration or ingestion of drugs

CAUSES OF LOC

- Decreased cerebral metabolism-inadequate delivery of blood and oxygen to brain
- Direct/Reflex effects on CNS-Cerebrovascular accident, Seizures
- Psychic mechanisms- Vasodepressor Syncope/ Hyperventilation/Emotional disturbances

No response to stimulation



P – Position patient supine, elevate feet
Terminate Dental procedure



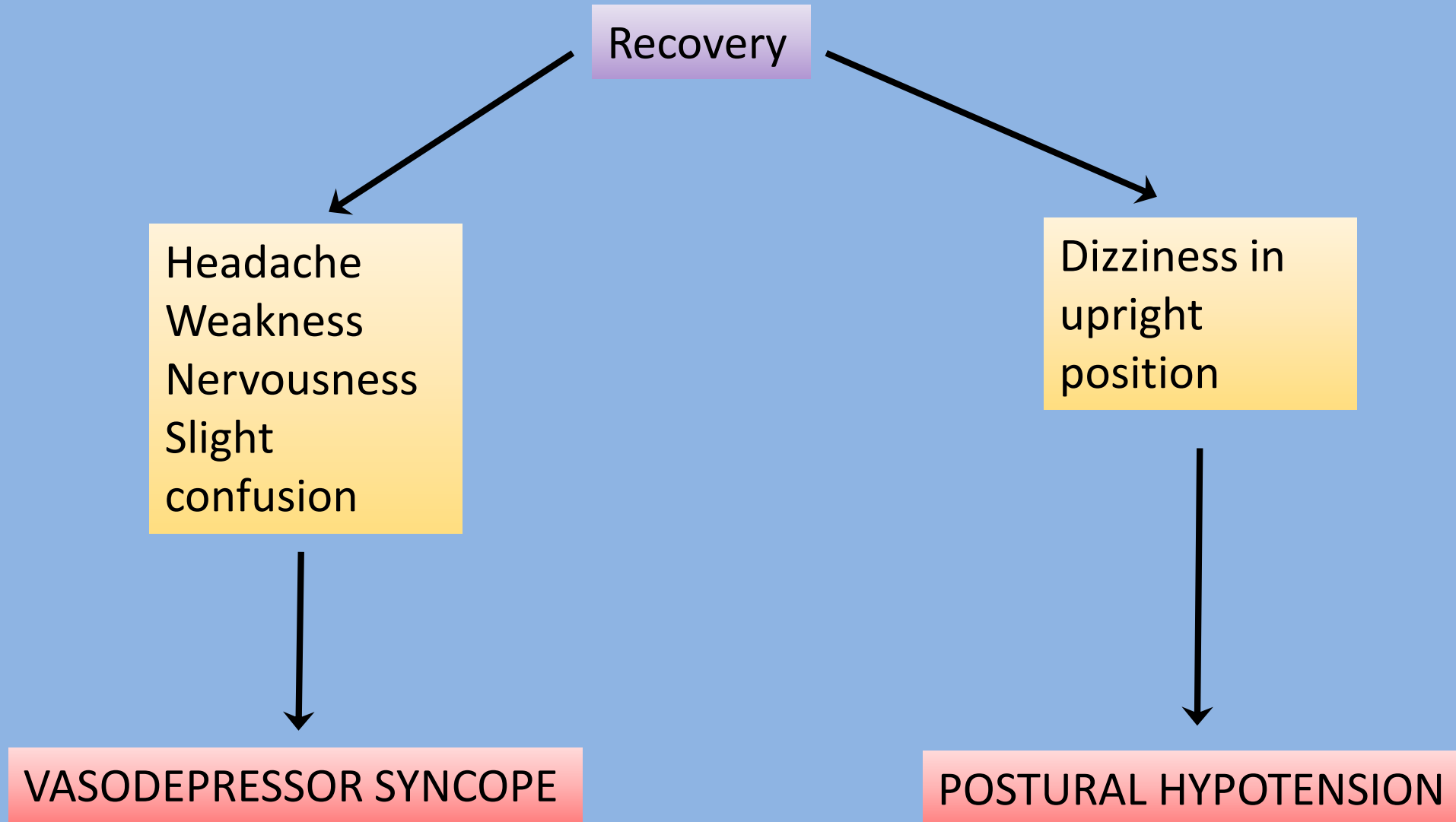
CAB – Initiate BLS as needed,
Oxygenation



Recovery



Unconsciousness persists



No response to stimulation



P – Position patient supine, elevate feet
Terminate Dental procedure



CAB – Initiate BLS as needed,
Oxygenation



Recovery



Unconsciousness persists

Unconsciousness persists



A, B : Maintain Airway, Breathing



C : Recheck circulation



Carotid pulse absent



Carotid pulse present



Activate EMS system



Initiate CPR

Carotid pulse present



Check medical history

Negative



Activate EMS system

ADRENAL INSUFFICIENCY



Administer Cortisone (IM/ IV)



Activate EMS system

DIABETES MELLITUS



Administer
50% glucose IV /
glucagon IM

Administer
50% glucose IV /
Glucagon IM

Recovery

HYPOGLYCEMIA

No Recovery

HYPERGLYCEMIA /
NON DIABETES RELATED

Activate EMS system

RESPIRATORY DISTRESS



RESPIRATORY DISTRESS

- Hyperventilation
- Asthma
- Foreign Body Airway Obstruction

Conscious, difficulty in breathing



P – Position patient upright
Supine position-not optimal



CAB – initiate BLS as needed



Monitor Vital signs



Check medical history



NEGATIVE



ASTHMA



HEART FAILURE

HYPERVENTILATION

- Ventilation in excess of that to maintain normal PaO₂ and PaCo₂.
- Increase -frequency and depth
- Exacerbated by stress, anxiety.



Age 20-40 years
Rapid respiratory rate
and depth
Acute anxiety
Light-headedness
Peripheral paraesthesia



Calm patient

HYPERVENTILATION

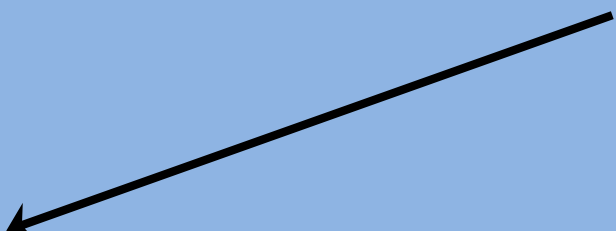
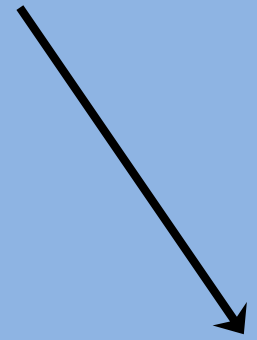
Correct respiratory alkalosis

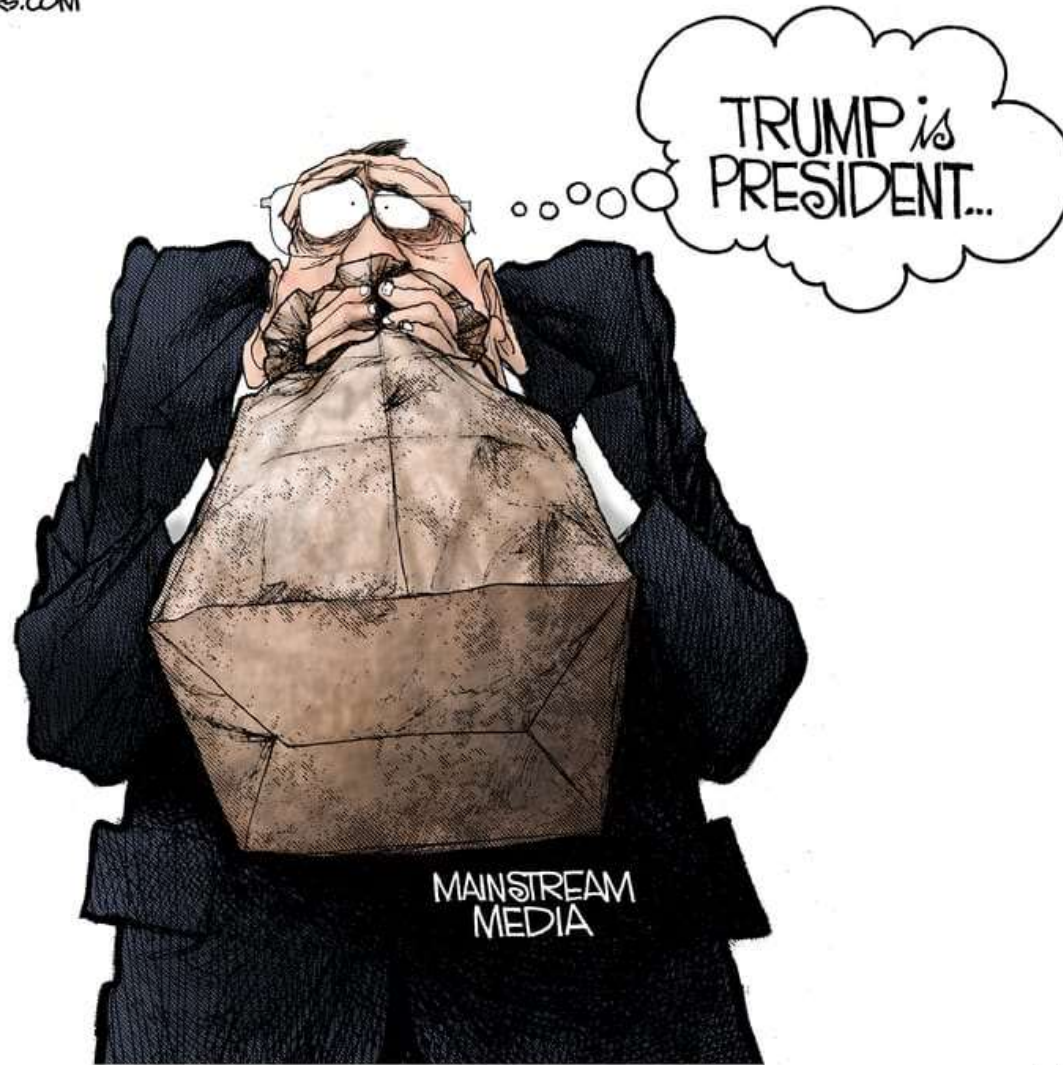
Breathe CO₂ enriched air

Symptoms persist

Administer midazolam IM / IV

Symptoms relieved





Conscious, difficulty in breathing



P – Position patient upright
Supine position-not optimal



CAB – initiate BLS as needed



Monitor Vital signs



Check medical history



NEGATIVE



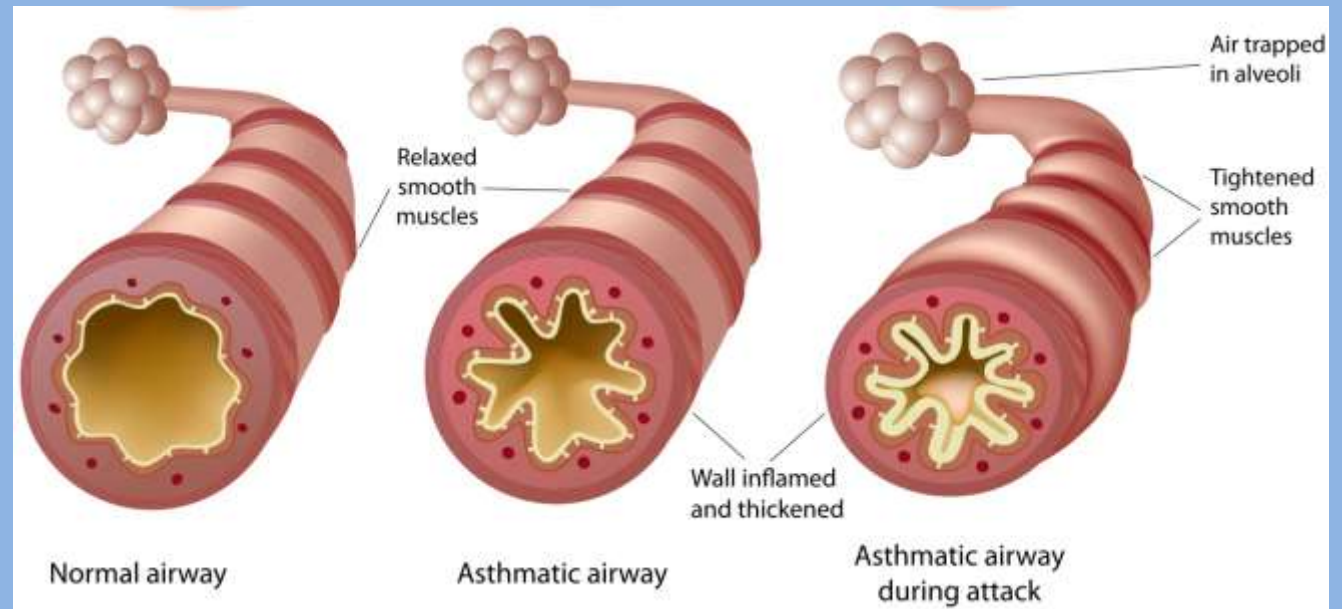
ASTHMA



HEART FAILURE

ASTHMA

- Extreme sensitivity of the airways.
- Extrinsic/Intrinsic Asthma.
- Exacerbated by stress.



Wheezing
Increased respiratory effort
Increased anxiety
Sweating
Flushing of face & upper torso



ACUTE ASTHMATIC ATTACK



Terminate dental procedure;
Calm patient;
Upright Position;
Administer oxygen



Administer inhaled bronchodilator

If symptoms persist ↓

Administer epinephrine IM 0.3 ml of 1:1000

If symptoms persist ↓

Administer hydrocortisone IV

If symptoms persist ↓

Activate EMS system

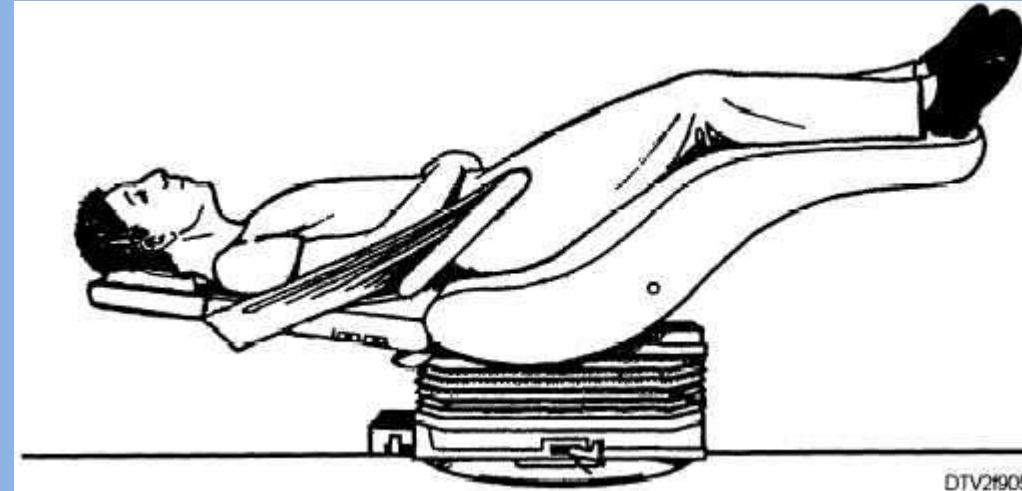


FOREIGN BODY AIRWAY OBSTRUCTION

- Actual incidence of aspiration into trachea or lung - low.
- Increased risk - Advent of semisupine/supine dentistry.
- Minimize risks- Rubber dam, Assistant, Suction, Ligatures.
- Signs/symptoms - coughing, choking, wheezing, dyspnea

OBJECT HAS ENTERED TRACHEA

- **DO NOT ALLOW PATIENT TO SIT UP.**
- Trendelenberg with left lateral decubitis.
- Encourage coughing.
- Do not use hemostats/cotton pliers to retrieve object.
- If suspect **swallowing**- **DO NOT discharge till chest Xray.**
- Medical consultation- Bronchoscopy/thoractomy



DTV21905

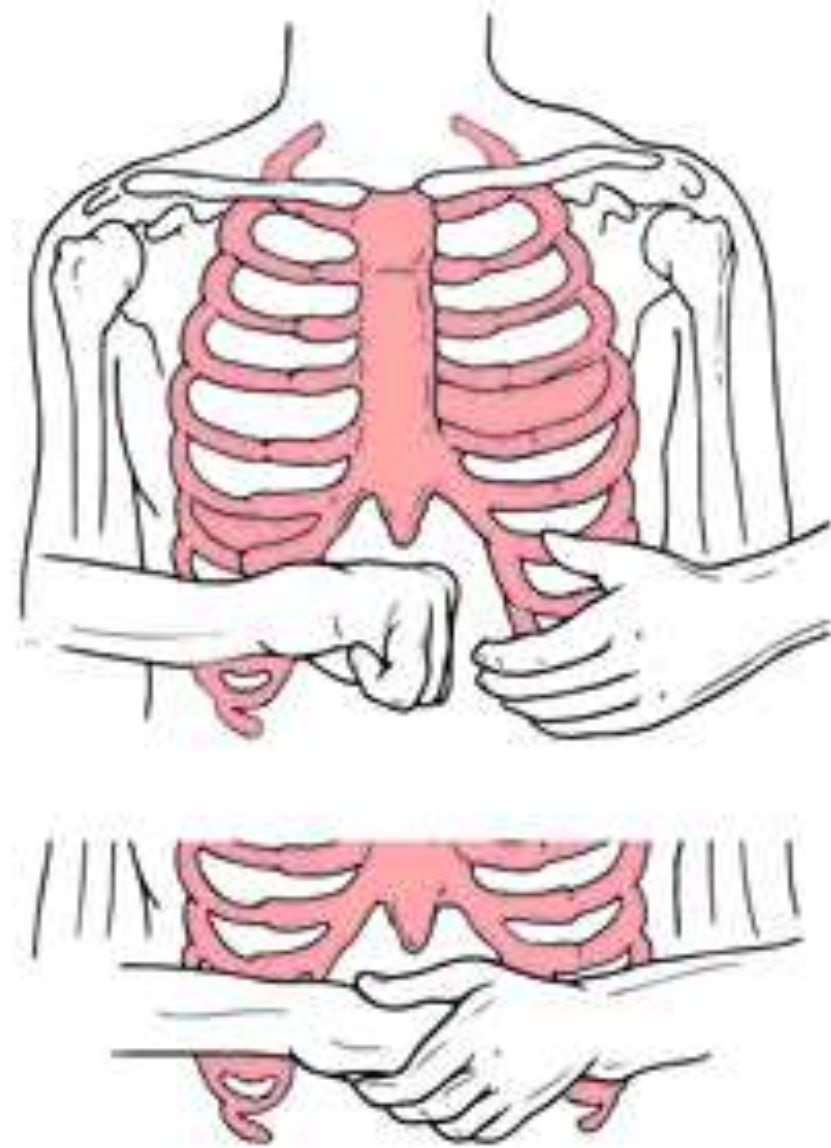
ACUTE AIRWAY OBSTRUCTION

UNIVERSAL SIGN OF CHOKING



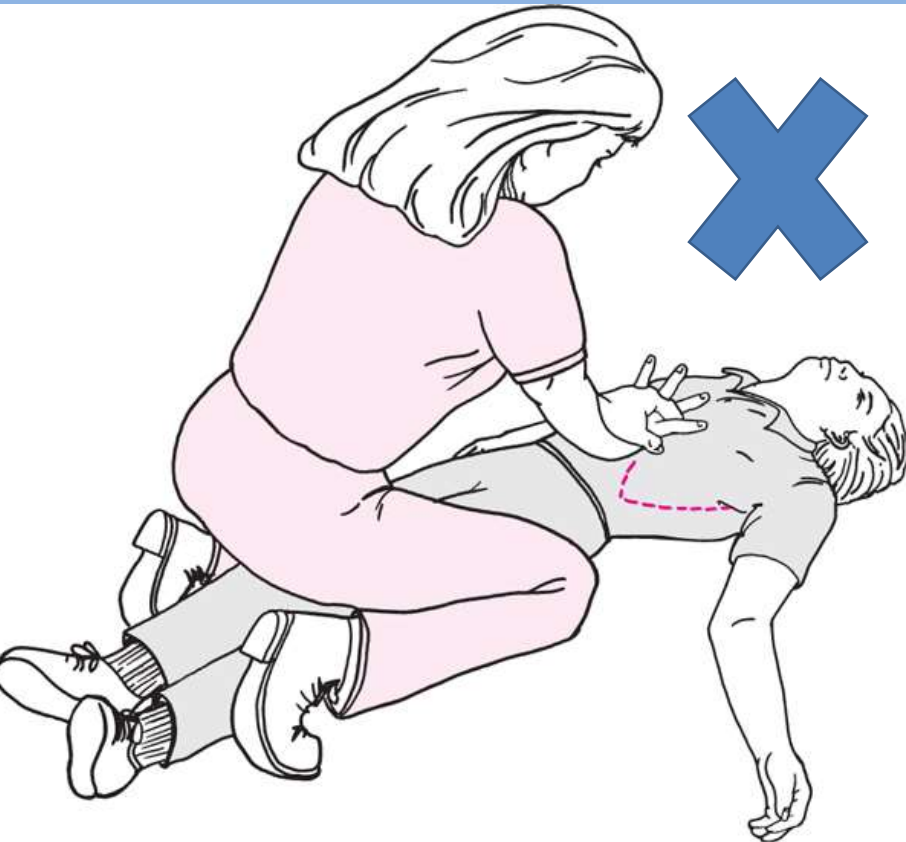
Learn the
HEIMLICH
MANEUVER
today!!





LOSS OF CONSCIOUSNESS IN CHOKING VICTIM

- Relaxation of larynx muscles.
- Convert complete airway obstruction to partial obstruction.



AHA RECOMMENDATION

- Start Chest Compressions
- Try to remove foreign body-

AVOID BLIND FINGER SWEEP

- Proceed to CPR

SEIZURES



TONIC-CLONIC SEIZURE (GRAND-MAL)

THE PHASES OF A "TONIC-CLONIC" SEIZURE



THE "AURA" PHASE

- LIGHT-HEADEDNESS
- DIZZINESS
- CONFUSION
- HEADACHES



THE "TONIC" PHASE

- SKELETAL MUSCLES TIGHTEN UP
- TONGUE MOVEMENT
- USUALLY LOSE CONSCIOUSNESS



THE "CLONIC" PHASE

- CHUCKLING
- VIBRANT TWEEDING
- UNCONTROLLABLE TWITCHING/SHAKING
- SOMETIMES BREATHING STOPS



POSTICTAL SLEEP

- CONFUSION
- ANGER
- AND NAUSEA UPON BECOMING CONSCIOUS

Tonic-Clonic seizure activity



P – Position patient supine



CAB – initiate BLS as needed



Prevent injury to patient



Seizure terminates



Administer Basic Life Support
in Post Ictal Phase



Seizure continues



Activate EMS system



CAB – BLS as needed



Administer Midazolam iv; 50% Dextrose



CHEST PAIN



- Frightening experience.
- Immediately invokes thoughts of “heart attack” in the mind of the victim.

Common Causes of Chest Pain

Cardiac

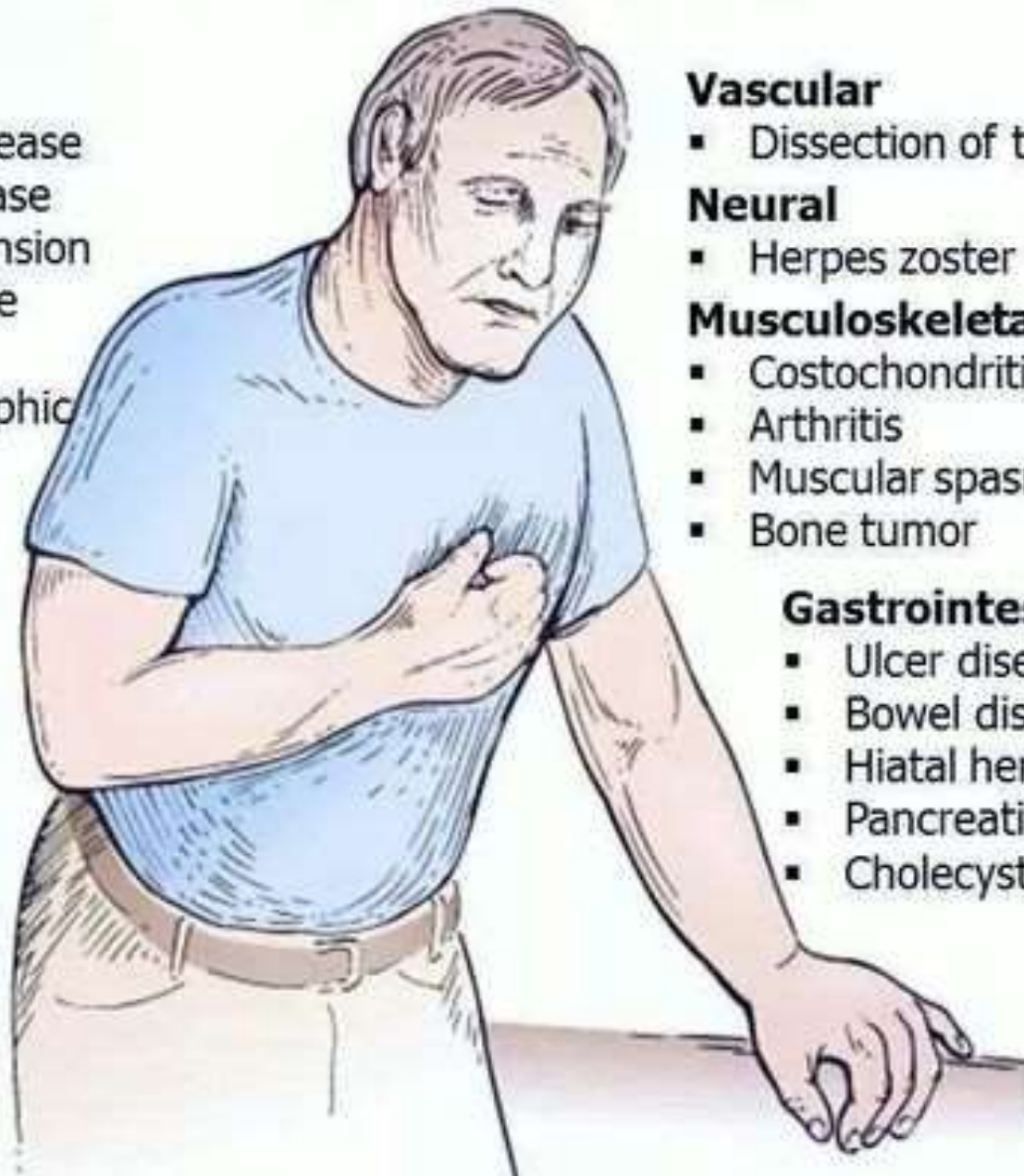
- Coronary artery disease
- Aortic valvular disease
- Pulmonary hypertension
- Mitral valve prolapse
- Pericarditis
- Idiopathic hypertrophic subaortic stenosis

Pulmonary

- Pulmonary embolism
- Pneumonia
- Pleuritis
- Pneumothorax

Emotional

- Anxiety
- Depression



Vascular

- Dissection of the aorta

Neural

- Herpes zoster

Musculoskeletal

- Costochondritis
- Arthritis
- Muscular spasm
- Bone tumor

Gastrointestinal

- Ulcer disease
- Bowel disease
- Hiatal hernia
- Pancreatitis
- Cholecystitis

- Hyperventilation
- Angina Pectoris
- Myocardial Infarction

Acute, substernal pain
Patient conscious



P – Position patient erect , semierect



Terminate procedure



CAB – initiate BLS as needed



Check medical history



NEGATIVE

ANGINA PECTORIS

MYOCARDIAL INFARCTION



Acute anxiety
Rapid respiratory rate & depth
Light headedness
Peripheral paresthesia
Age: 20-40 years

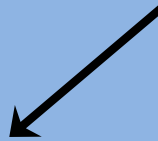


HYPERVENTILATION

Male
Age; above 40 years
Sub strenal oppression
Radiation of pain



Administer Nitroglycerin, Oxygen



Pain relieved



ANGINA PECTORIS

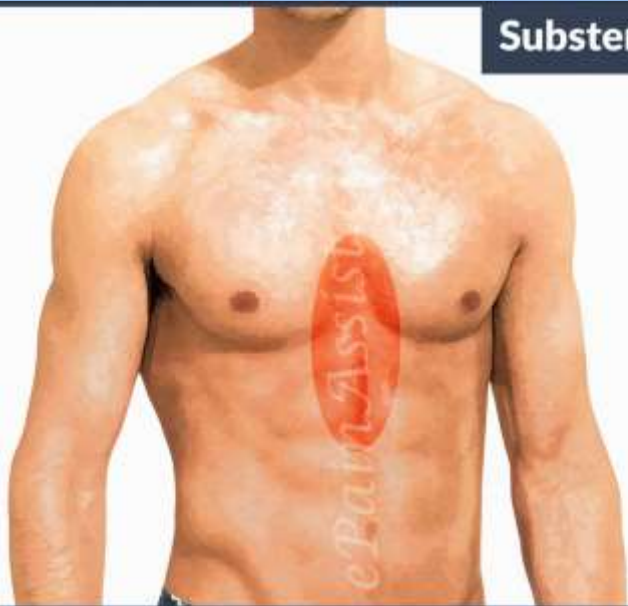


No pain relief / increase in pain



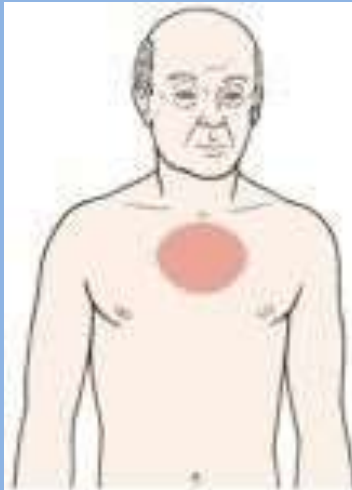
ACUTE MYOCARDIAL INFARCTION

Substernal Chest Pain

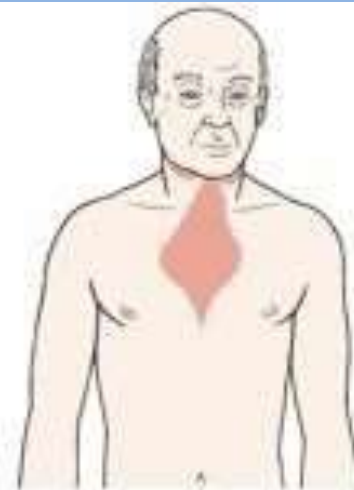


ePainAssist.com

LEVINE'S SIGN



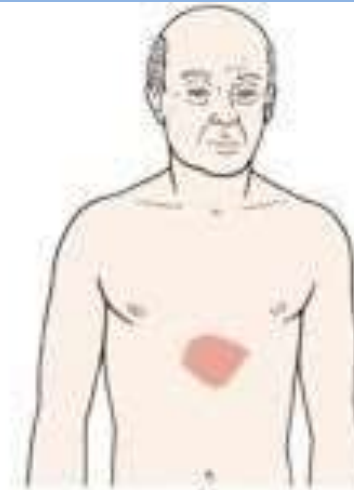
Upper chest



Substernal radiating to neck and jaw



Substernal radiating down left arm



Epigastric



Epigastric radiating to neck, jaw, and arms



Neck and jaw



Left shoulder and down both arms



Intrascapular

Activate EMS system



Administer MONA-
Morphine/Oxygen/Nitroglycerine/Aspirin



Monitor vital signs



Administer basic life support



Loss of consciousness



Carotid pulse present



C – check circulation



Carotid pulse absent



Continue A,B



Initiate CPR immediately



REMEMBER

- In order to treat a patient with chest pain for ANGINA, they MUST have a prior history of Angina Pectoris.
- If no history of Angina Pectoris- Presumptive diagnosis of MI.
- ALL instances of 1st time chest pain occurring in a dental setting require IMMEDIATE activation of EMS.

WHEN TO CALL FOR HELP???

- Pain not relieved by 3 nitroglycerin tabs/sprays within 10 minutes.
- Patient has NO history of Angina Pectoris- pain persists beyond 2 min
- Pain is initially reduced by NG, but which subsequently returns.



TAKE HOME POINTS

- There is NO medical emergency unique to Dentistry/OMFS.
- When you prepare for an emergency, The emergency ceases to exist!!
- Drug administration is not necessary for the immediate management of medical emergencies (**BLS is always used, as needed, first**)
- Primary management of ALL emergency situations involve BLS.
- When in doubt, DO NOT medicate.

IN CASE OF EMERGENCY



RUN LIKE HELL !



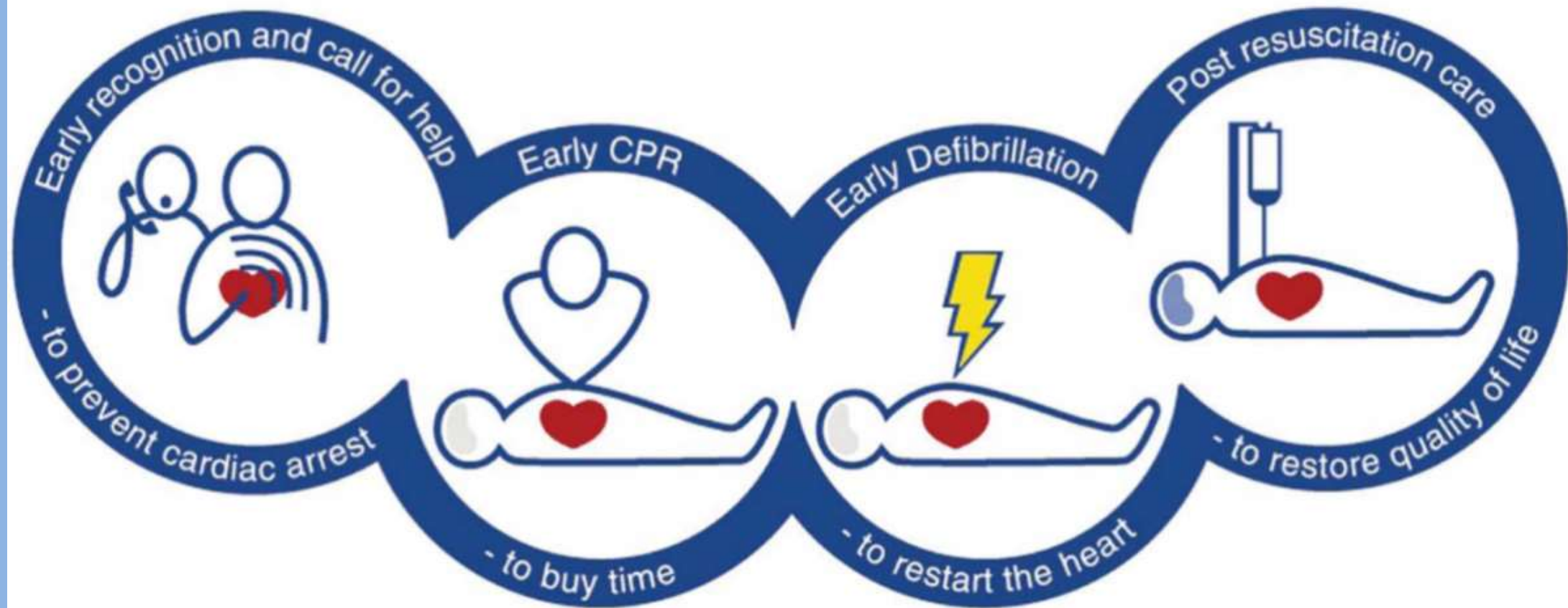
Be Prepared
Be Aware
Be Ready



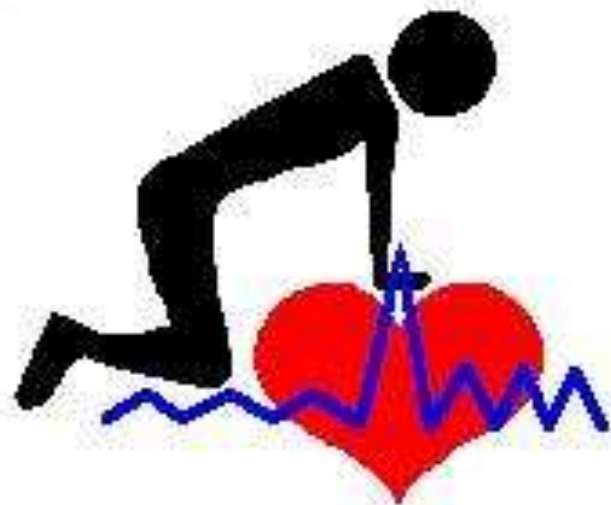
**KEEP
CALM
AND
DON'T
PANIC**



**Basic Life
Support**



ABC's of CPR



Training Center

CPR is as easy as

C-A-B



Compressions

Push hard and fast on the center of the victim's chest.



Airway

Tilt the victim's head back, and lift the chin to open the airway.



Breathing

Give mouth-to-mouth rescue breaths.

American Heart Association



Learn and Live

WHY THE CHANGE??

- Enough oxygen in blood to supply heart and brain for several minutes after cardiac arrest.
- Chest compressions are CRITICAL to circulate and distribute this available oxygen.
- Rescue breaths delay chest compressions-reluctance towards mouth-to-mouth resuscitation.
- Gain of about 30 seconds of faster chest compressions.

Verify scene safety



Patient is unresponsive.
Activate Hospital emergency response system.
Get AED & Emergency equipment (or send somebody to get)



Look for:
Breathing – no breathing / only gasping.
Pulse – definitely felt within 10 sec.

Normal breathing
Pulse present



No normal breathing
Pulse present



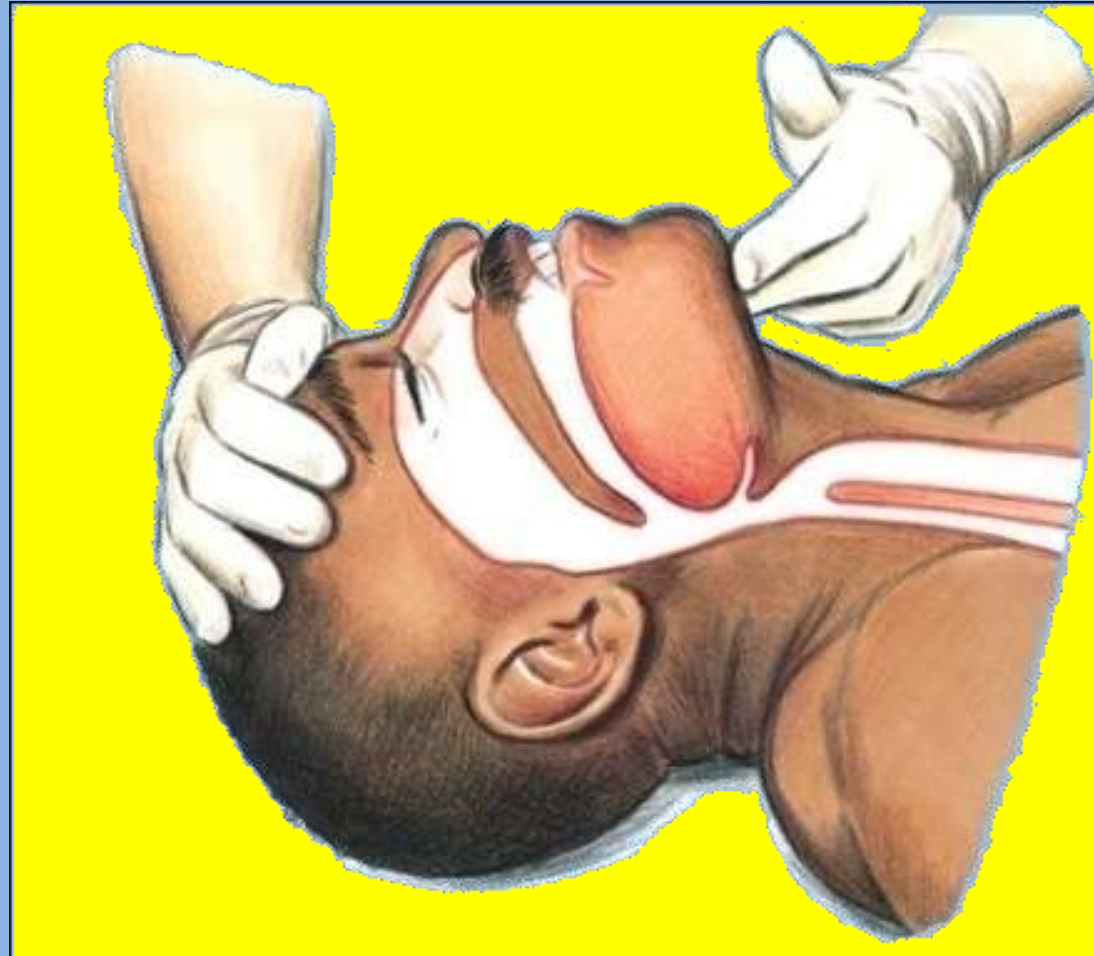
No breathing / only gasping
No Pulse

Normal breathing
Pulse present

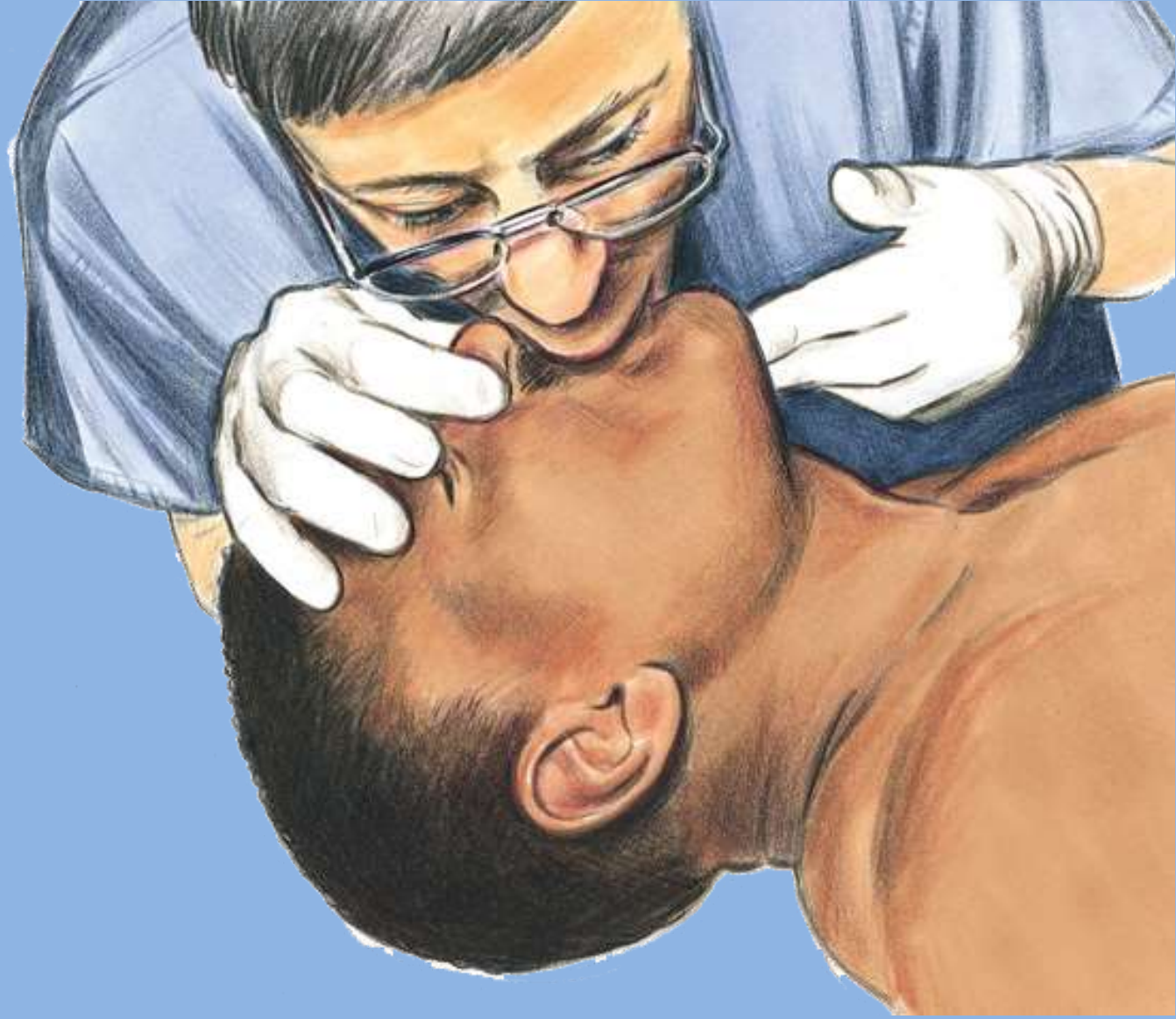


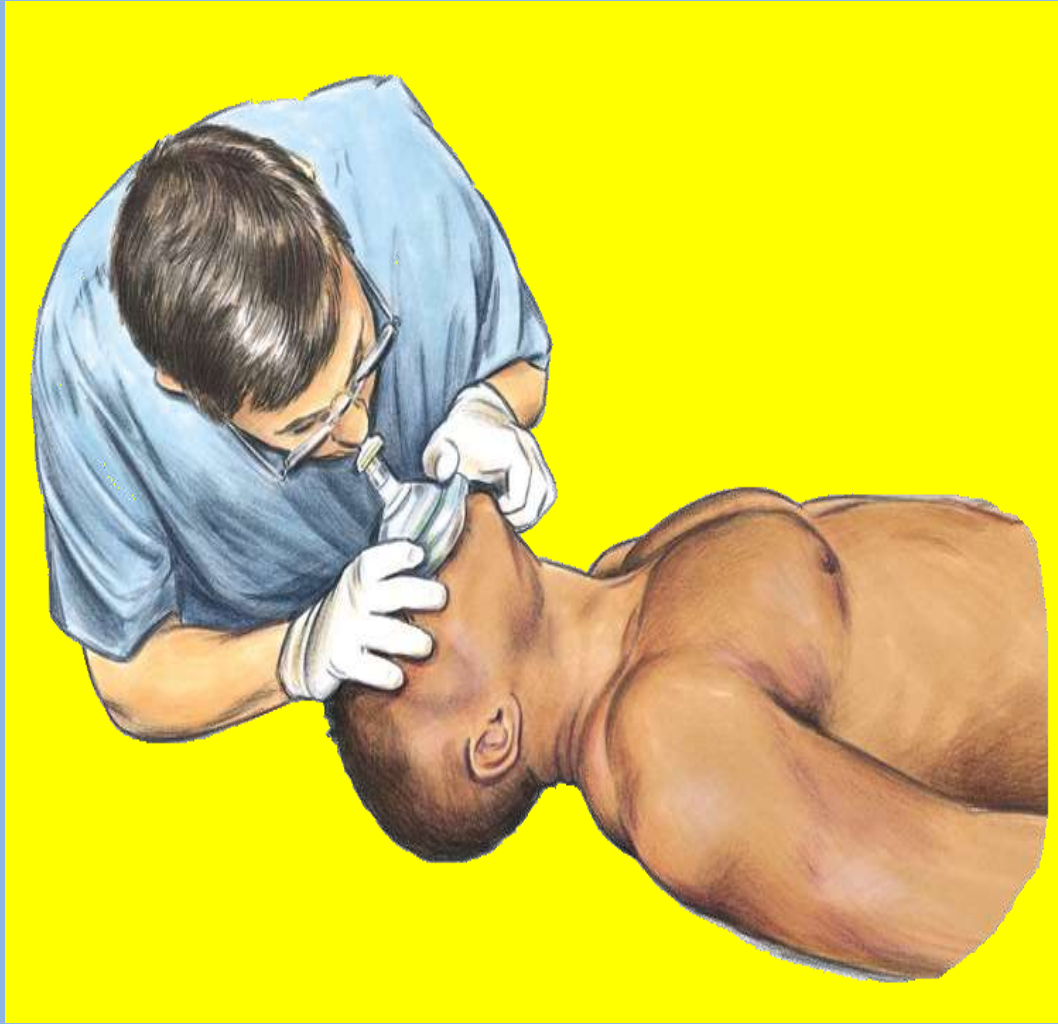
Monitor till emergency responders arrive

No normal breathing
Pulse present



**AIRWAY - OPEN THE AIRWAY
CHIN LIFT HEAD TILT**



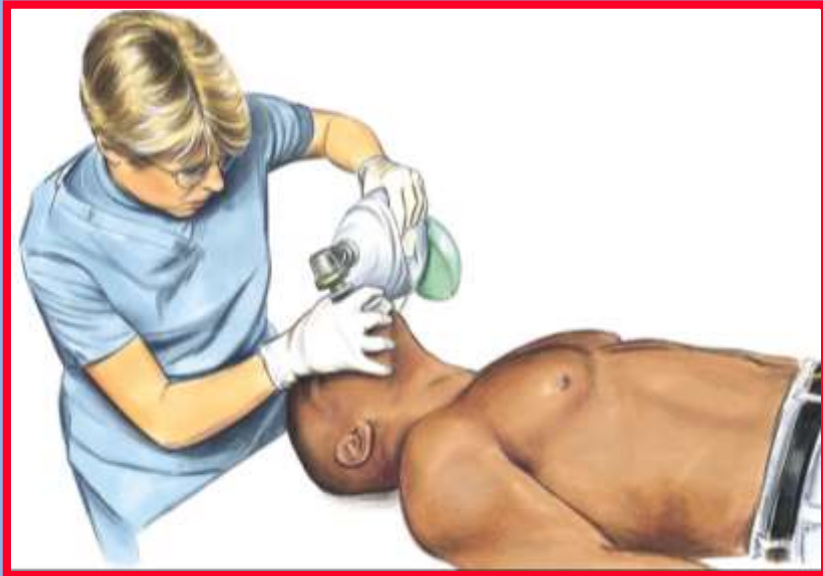


BREATHING: BARRIER DEVICE

- Provide rescue breathing: 1 breath / 5-6 sec ; 10-12 breaths / minute.
- Activate emergency response system if not already done, after 2 minutes.
- Continue rescue breathing, check pulse every 2 minutes.
- If opioid overdose, administer Naloxone (if in protocol)

BAG-MASK VENTILATION

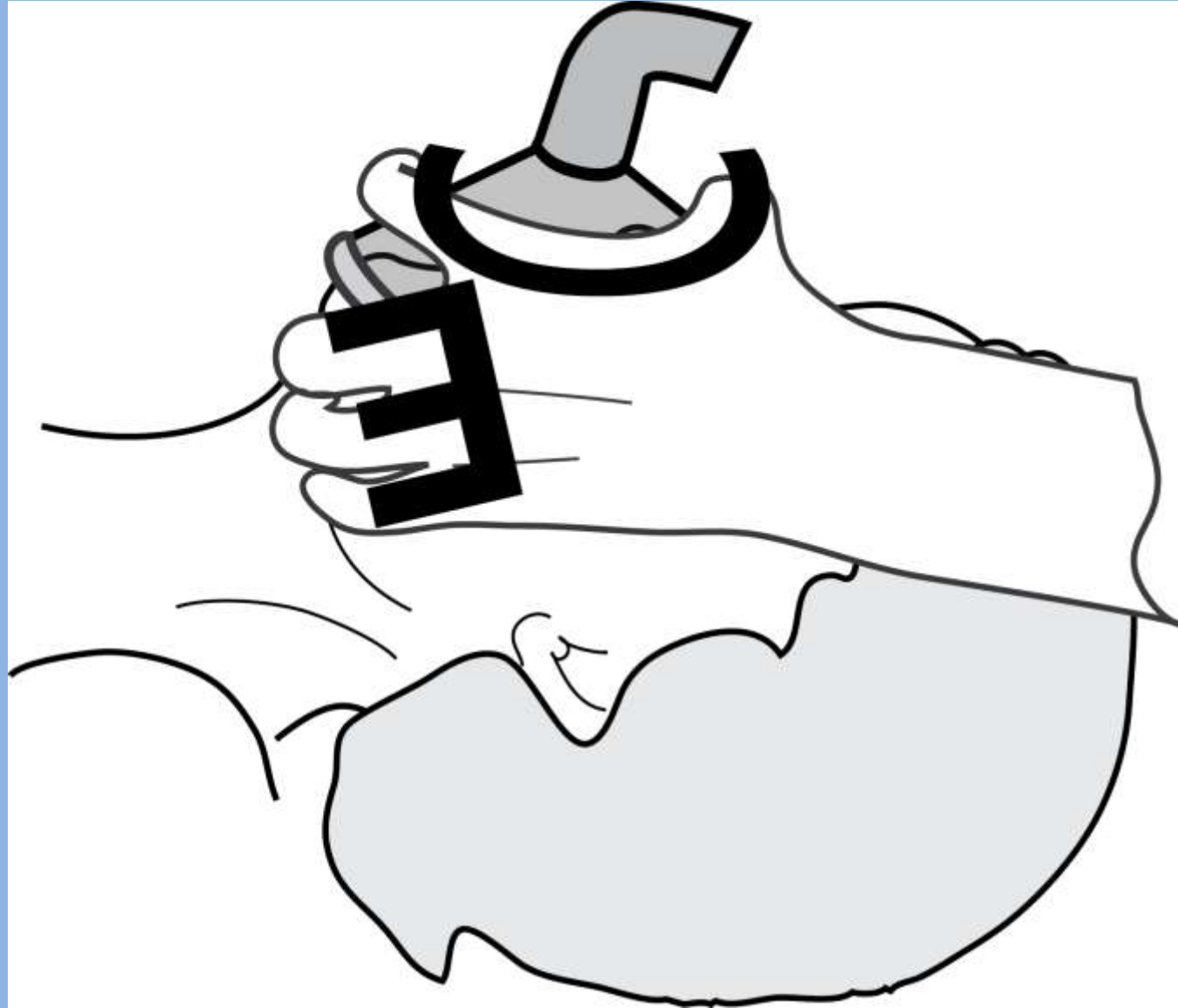
Key—ventilation volume: *“enough to produce obvious chest rise”*



1 Person : difficult,
less effective



2 Persons : easier,
more effective



No breathing / only gasping
No Pulse

CPR

Begin cycles of 30 compressions & 2 breaths
Use AED as soon as it arrives



AED arrives



Check rhythm
Shockable rhythm?

Yes, shockable



No, not shockable

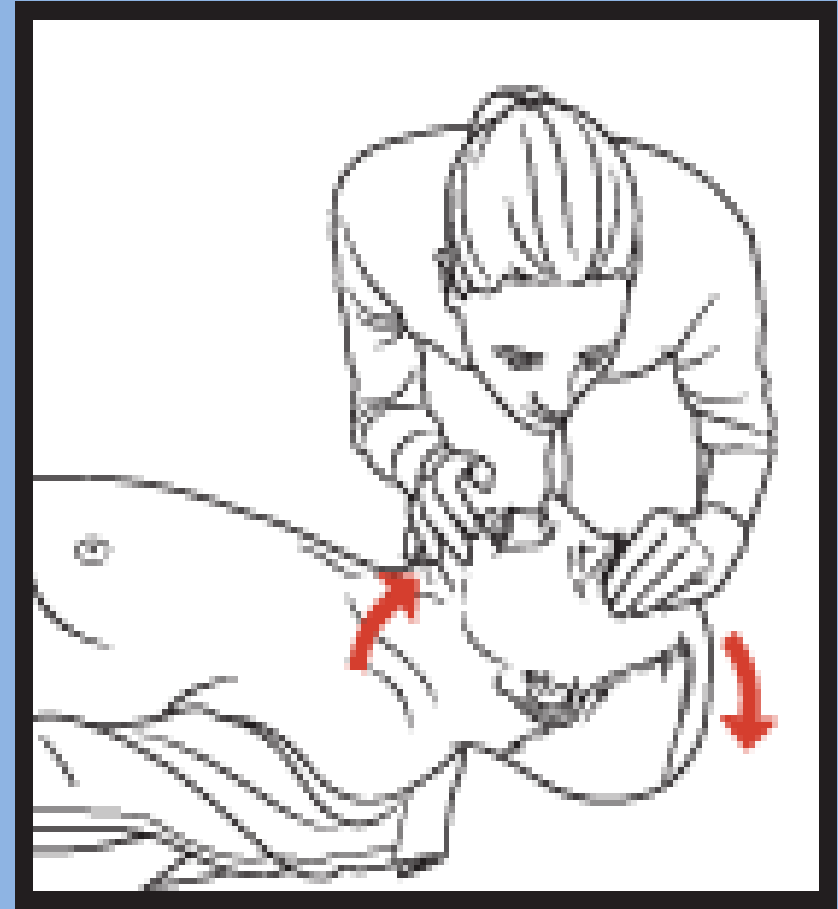
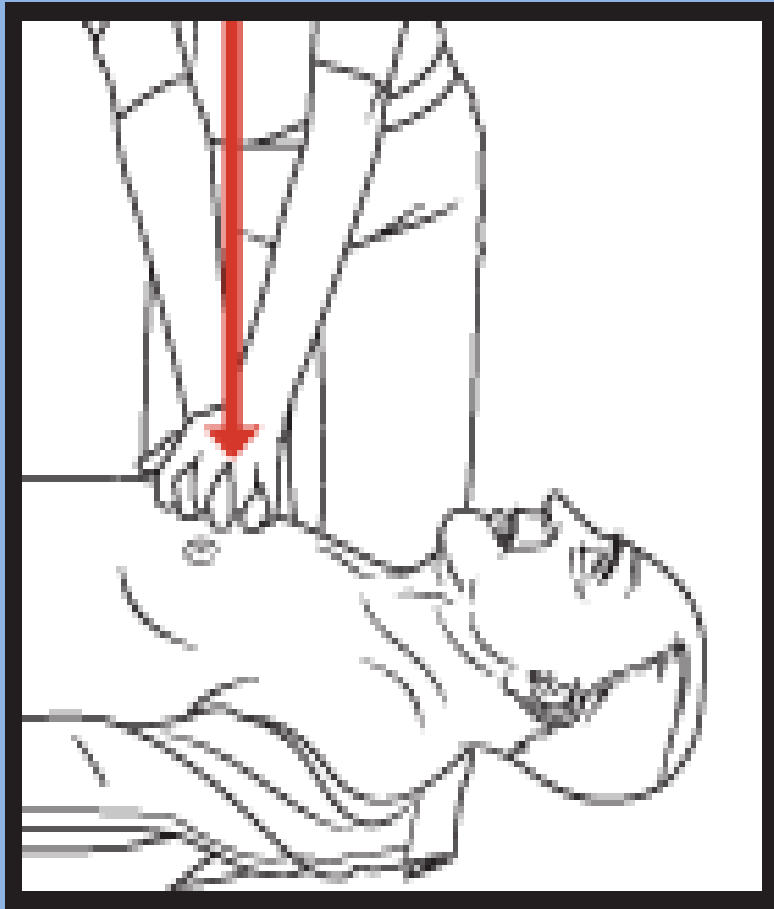


Give 1 shock.
Resume CPR immediately for about 2 min
(until prompted by AED to allow rhythm check)
Continue until ALS providers take over /
victim starts to move.

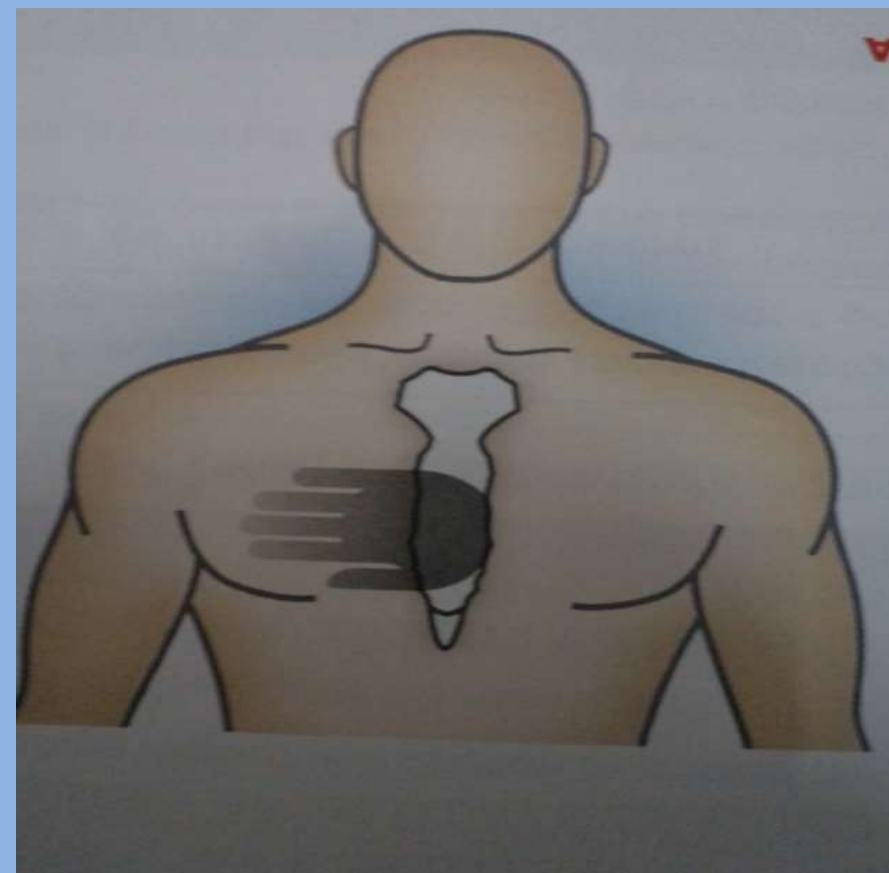
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Continue until ALS providers take over /
victim starts to move.

CARDIO PULMONARY RESUSCITATION

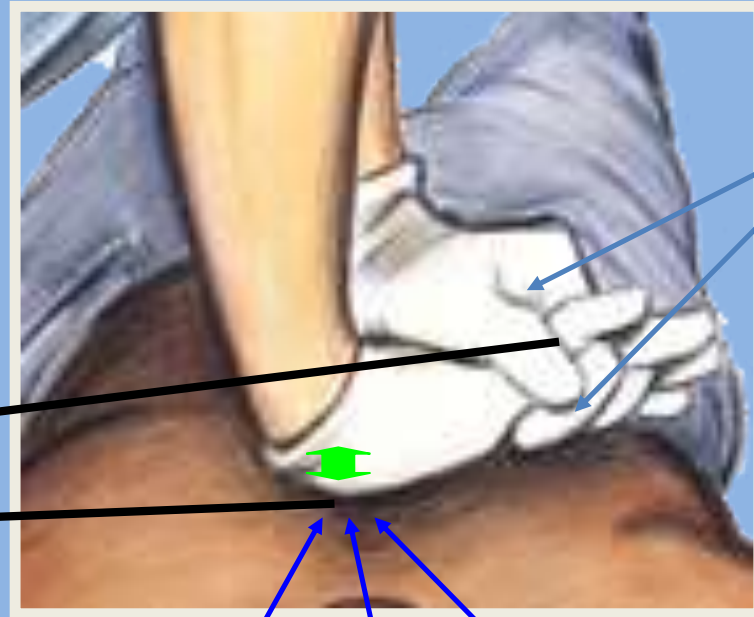
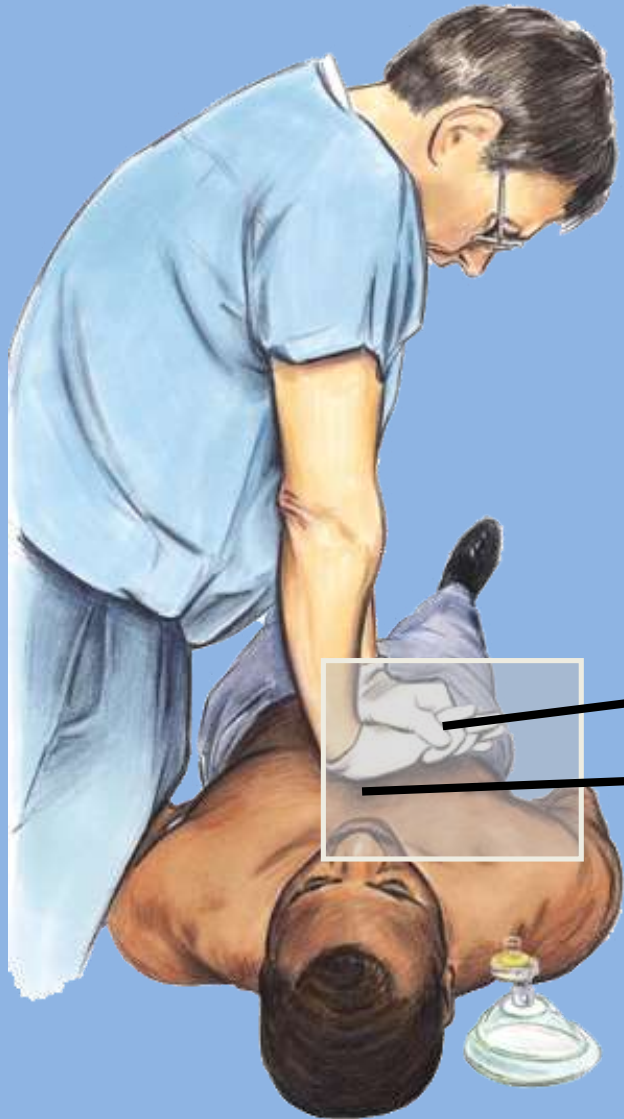
30 compressions followed by 2 breaths



CHEST COMPRESSION : HAND POSITION



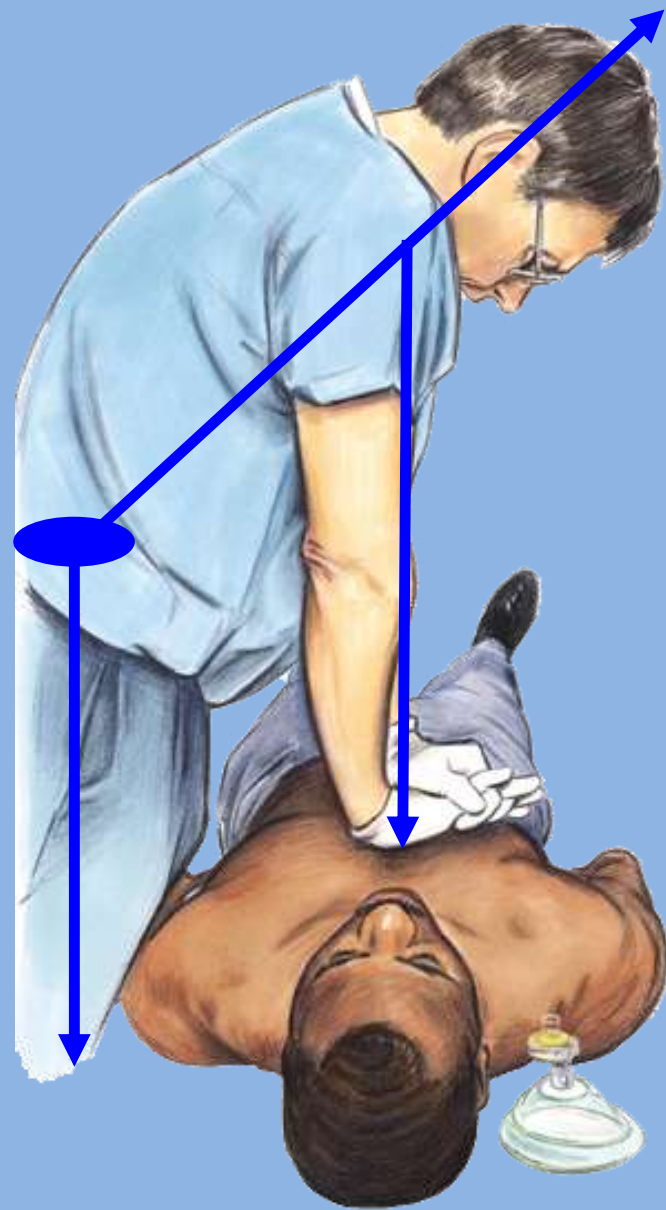
CHEST COMPRESSION

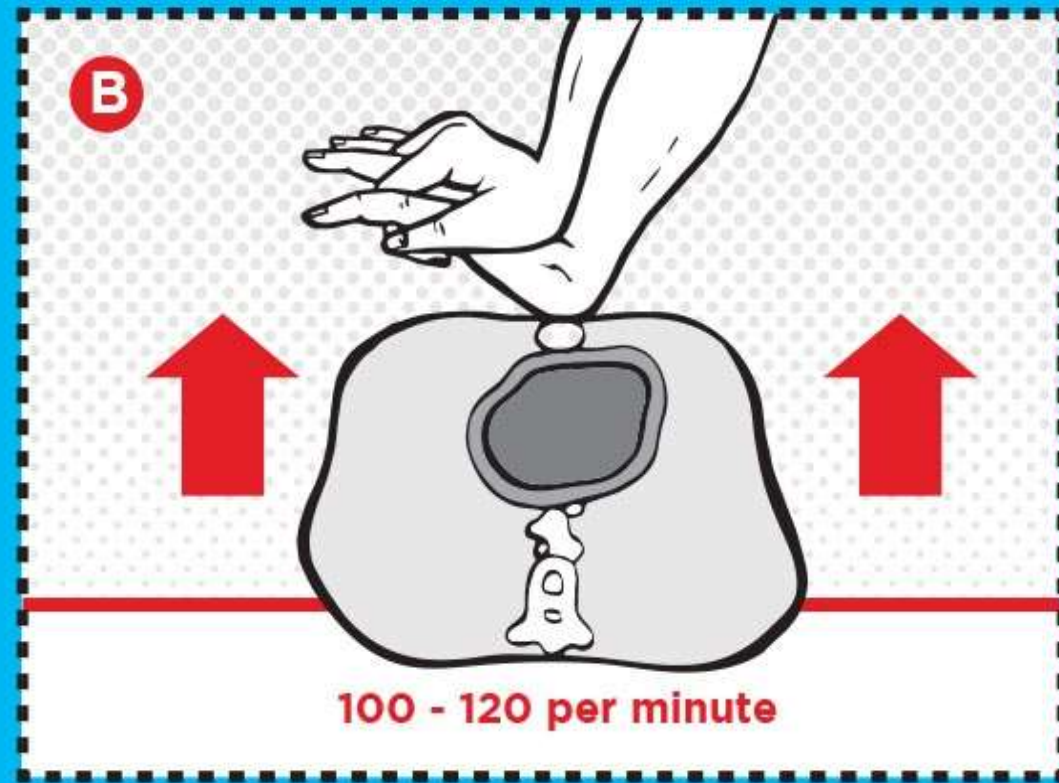
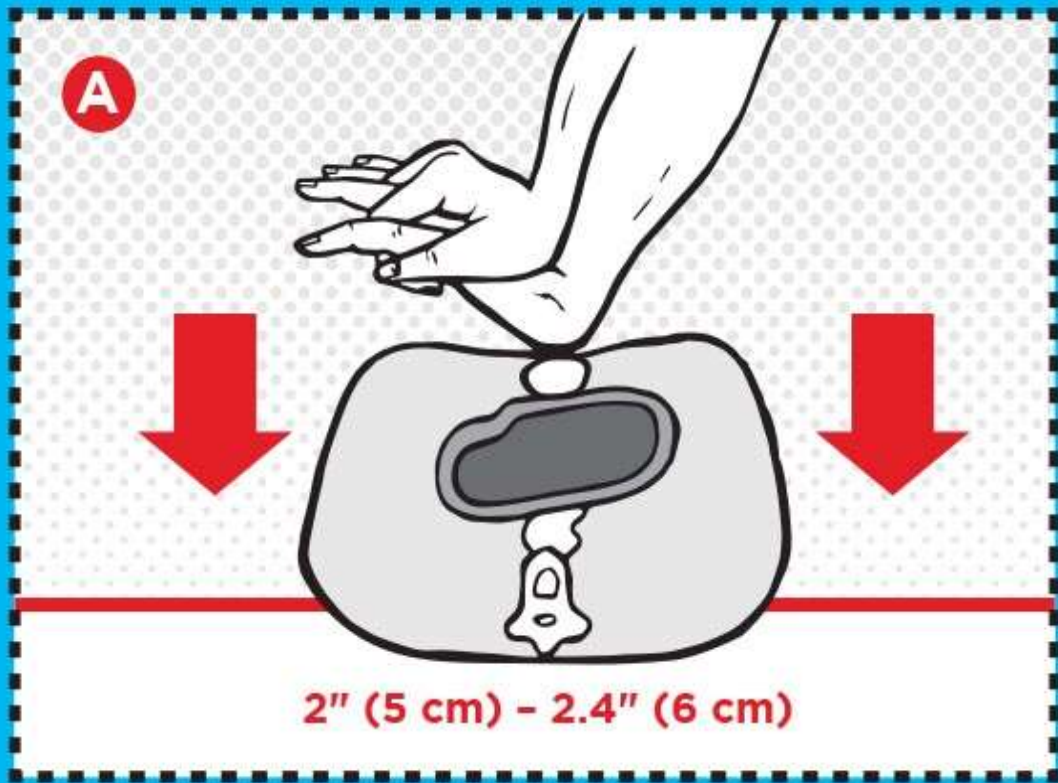


Interlaced
fingers-
Avoid contact

Heel of the palm-contact

CHEST COMPRESSION





CHEST COMPRESSIONS:

**At least 2" (5 cm) and
not more than 2.4" (6 cm)**

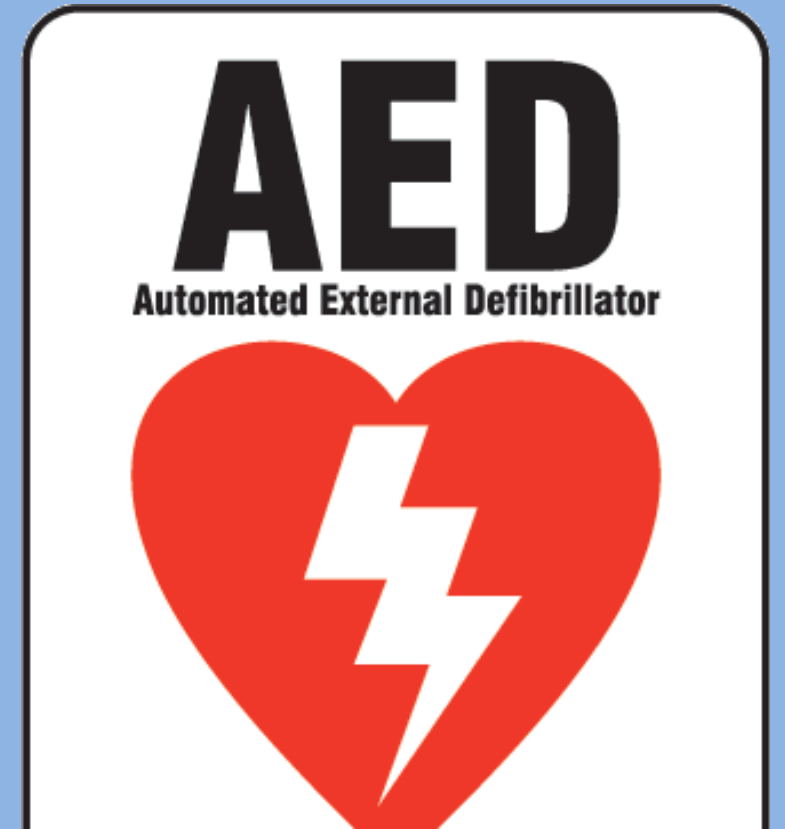
COMPRESSION RATE:

**Between 100 and 120
compressions per minute**

IS CPR ALONE ENOUGH??

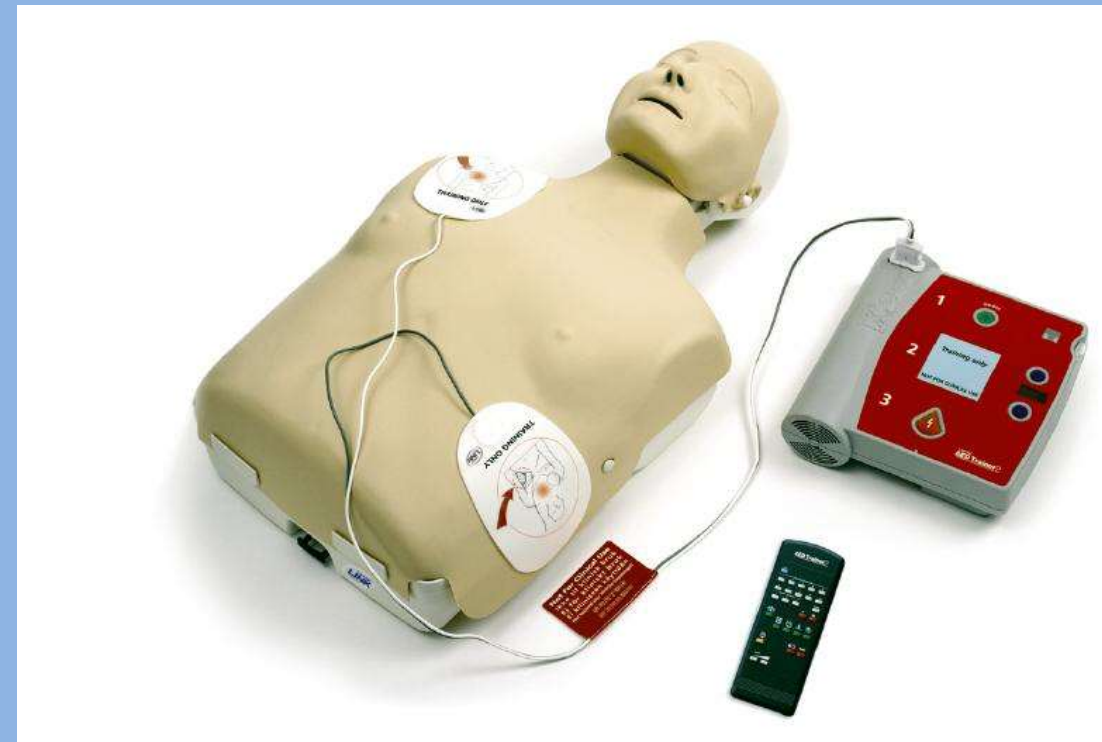
Correction of arrhythmias.

CPR – pumps small amount of blood -barely sufficient to keep brain oxygenation.



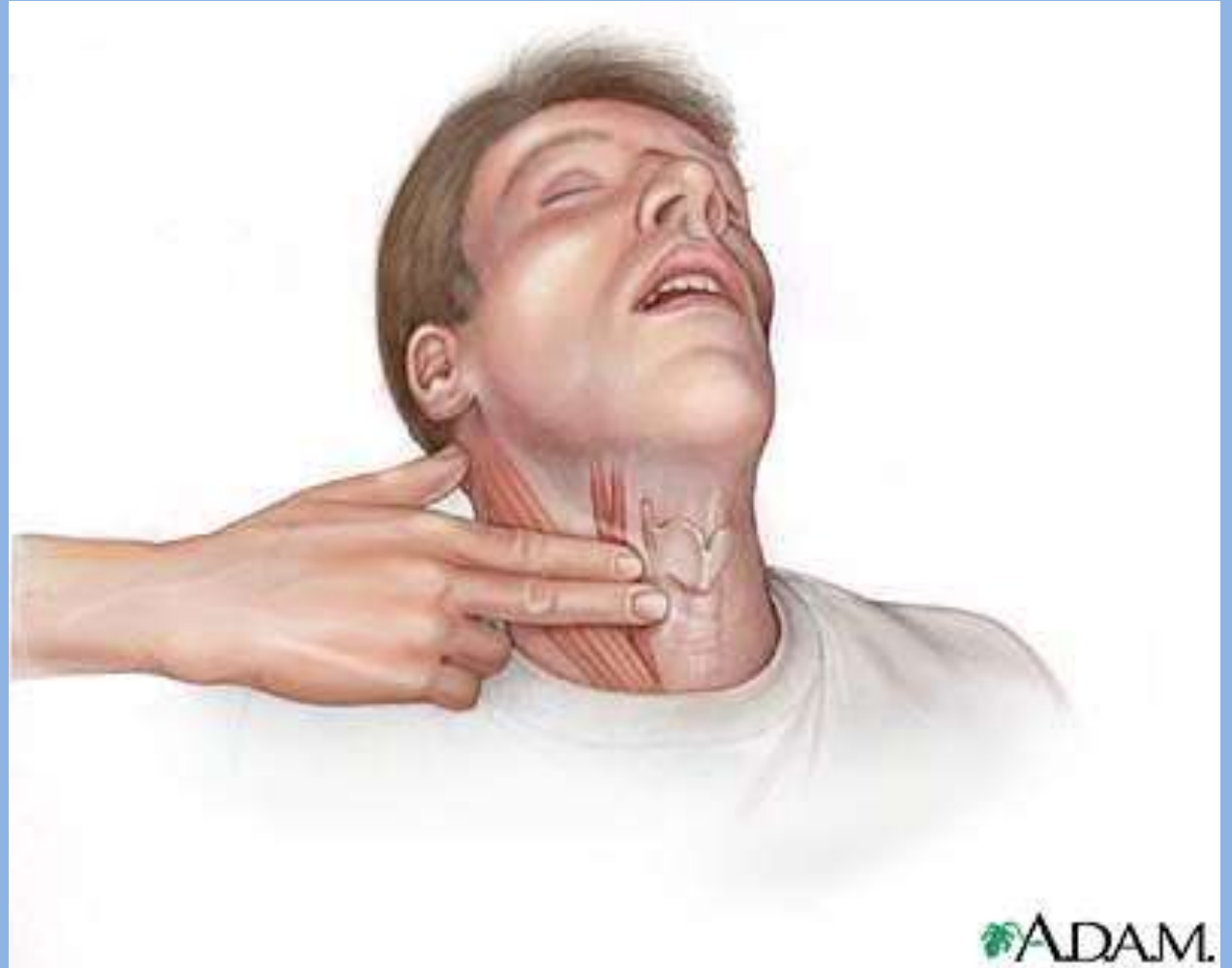
HOW TO USE AED

- Power on
- Apply pads to victim's chest; plug pads to AED.
- Continue CPR Without interruption.
- “Clear” as AED Analyzes rhythm- VF, PVT.
- Restart CPR as AED prepares to deliver shock.
- “ Clear “ again as shock is delivered.
- Restart CPR.
- Reassess with AED every 2 minutes until prompted by AED for rhythm check
- Continue till help arrives or victim begins to move.



PULSE CHECK

- Every 5 cycles of CPR
- Every 2 min of CPR



CARDIAC ARREST IN DENTAL OFFICE

“Can effective CPR be performed with victim still in Dental chair?”

YES

- Lower dental chair to allow rescuer to keep elbows straight, shoulder directly over sternum of victim.
- **Under no circumstances should BLS be delayed** or withheld because of inability to move victim to a more suitable location.
- PULSE CHECK- If unsure- start chest compressions- unnecessary CPR is less harmful than not performing.

HANDS ONLY CPR

